

# Dr.YSR UNIVERSITY OF HEALTH SCIENCES, VIJAYAWADA

## Master of Physiotherapy DISSERTATION TOPICS for the year 2020

Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
1	A Comparative Study Between The Effectiveness Of Incentive Spirometry And Deep Breathing Exercises In Improving Pulmonary Function Following Cardiac Valve Replacement Surgery	2020	Cardio – Pulmonary
2	A Comparative Study To Find Out The Effectiveness Of Postural Drainage And Active Cycle Of Breathing Techniques In Patients With Chronic Bronchitis	2020	Cardio – Pulmonary
3	A Comparative Study To Find Out The Effects Of Copd Patient Hospitalized With Exacerbation Have Greater Cognitive Impairment And Hospitalized Patient With Decompensated Heart Failure	2020	Cardio – Pulmonary
4	A Comparitive Study On Step Aerobics Versus Zumba On Blood Pressure And Lipid Profile In Pre-Hypertensive College Students	2020	Cardio – Pulmonary
5	A Study On Telerehabilitation Interface To Enhance Access Of Home-Based Pulmonary Rehabilitation In Copd Patients – A Randomised Controlled Trail	2020	Cardio – Pulmonary
6	A Study To Compare The Effectiveness Of Buteyko Breathing Technique Versus Incentive Spirometer On Breath Holding Time In Patients After Coronary Artery Bypass Grafting	2020	Cardio – Pulmonary
7	A Study To Compare The Effectiveness Ofairway Clearance Techniques Versus Chest Mobilization Techniques In Improving Respiratory Capacity, Dyspnea And Health Related Quality Of Life In Subjects With Copd	2020	Cardio – Pulmonary
8	A Study To Know The Effect Of Manual Diaphragmatic Muscle Training To Overcome Dyspnoea In Obese Patients	2020	Cardio – Pulmonary
9	Acute Effects Of Deep Breathing On Pulmonary Functions In Healthy Young Adults	2020	Cardio – Pulmonary

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10	Comparative Study On Effect Of Core Strengthening Exercises Versus Chest Expansion Exercises In Improving Pulmonary Function On Obese Individuals	2020	Cardio – Pulmonary
11	Comparing Effectiveness Of Acbt To Pnf Technique In Improving Aerobic Capacity And Pain Perception In Cabg Patients	2020	Cardio – Pulmonary
12	Comparing Effectiveness Of Diaphragmatic Breathing To Aerobic Exercise In Adult Asthamatic Patients	2020	Cardio – Pulmonary
13	Comparision Of Two Minutes Six Minutes And Twelve Minutes Walk Tests In Detecting Oxygen Desaturation In Patients With Severe Chronic Obstructive Pulomanary Diseases	2020	Cardio – Pulmonary
14	Effect Of Pnf Techniques Along With Conventional Chest Pt To Improve Pulmonary Function In Post Cabg	2020	Cardio – Pulmonary
15	Effect Of Preoperative Inspiratory Muscle Training To Prevent Postoperative Pulmonary Complications In High Risk Patients Undergoing Cabg-A Randomized Control Study	2020	Cardio – Pulmonary
16	Effect Of Strengthening Abdominal Muscles, Gluteus Minimus And Gluteus Medius On Peak Expiratory Flow Rate In Post-Menopausal Women	2020	Cardio – Pulmonary
17	Effectiveness Of Autogenic Drainage Versus Flutter Device On Respiratory Quality Of Life In Subjects With Bronchiectasis	2020	Cardio – Pulmonary
18	Effectiveness Of Stair Climbing Versus Static Cycling On Exercise Capacity In Subjects With Chronic Obstructive Pulmonary Disease	2020	Cardio – Pulmonary
19	Effects Of Autogenic Drainage Vs Flutter On Bronchial Hygeine & Health Related Quality Of Life In Subjects With Chronic Bronchitis. A Comparative Study	2020	Cardio – Pulmonary

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20	Effects Of Incentive Spirometry & Deep Breathing Exercises On Pulmonary Function Test After Cabg – Randomized Control Study	2020	Cardio – Pulmonary
21	Effects Of Inspiratory Muscle Training On Respiratory Insufficiency In Obese Adults – A Randomised Controlled Trail	2020	Cardio – Pulmonary
22	Efficacy Of Autogenic Drainage And The Active Cycle Of Breathing Techniques In Patients With Chronic Bronchitis: A Comparative Study	2020	Cardio – Pulmonary
23	Efficacy Of Incentive Spirometry With Active Cycle Of Breathing Versus Prophylactic Chest Physiotherapy (Postural Drainage With Pursed Lip Breathing) To Increase Saturation On The Subjects Of Laparotomy To Avert Post Pulmonary Complications - A Comparitive Study	2020	Cardio – Pulmonary
24	Efficacy Of Resistance Training Versus Endurance Training On Quality Of Life And Exercise Capacity In Subjects With Chronic Obstructive Pulmonary Disease	2020	Cardio – Pulmonary
25	High Intensity Shuttle Walking Versus Low Intensity Chair Exercises In Pulmonary Rehabilitation For Copd Patients	2020	Cardio – Pulmonary
26	Influence Of Psychological Counselling And Breathing Exercises On Anxiety And Depression In Open Heart Surgery Patents (Cabg)	2020	Cardio – Pulmonary
27	The Effects Of Aerobic Exercise Training And Progressive Resistance Exercise Training Verses Aerobic Exercise Alone On Quality Of Life In Patients With Coronary Artery Disease – A Randomised Control Study	2020	Cardio – Pulmonary
28	The Effects Of Chest Expansion Exercises To Improving Respiratory Muscle Strengthen In Smoking Youth	2020	Cardio – Pulmonary
29	A Comparative Study On Balance Training And Balance Training With Obstracle To Improve Gait On Post Stroke	2020	Neurology

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30	A Comparative Study On Effects Of Low Level Laser Therapy Added To Conventional Physiotherapy Treatment Versus Conventional Physiotherapy Treatment In Patients With Bell'S Palsy	2020	Neurology
31	A Comparative Study To Determine The Effectiveness Of Neuro Muscular Electrical Stimulation And Passive Stretching Versus Passive Stretching Alone In Spastic Diplegic Cerebral Palsy	2020	Neurology
32	A Comparitive Study On Aerobic And Anaerobic Exercises In Subjects With Hyperhomocysteinemia	2020	Neurology
33	A Comparitive Study On Proprioceptive Neuromuscular Facilitation Versus Motor Relearning Programme On Improving Functional Recovery In Stroke Patients	2020	Neurology
34	A Randomized Controlled Trail From Lying To Sitting Activity In Acute Stroke	2020	Neurology
35	A Studt On Efficiency Of The Peroneal Nerve Stimulation Versus Ankle Foot Orthosis For Correction Of Foot Drop In Stroke Patient And Its Impact On Functional Ambulation	2020	Neurology
36	A Study To Analyze The Effect Of Endurance Training On Extensors With Core Stability Exercise & Core Stability Exercise In Mechanical Low Back Pain	2020	Neurology
37	A Study To Analyze The Effectiveness Of Constraint Induced Movement Therapy In Improving Upperlimb Function In Patients With Hemiplegia	2020	Neurology
38	A Study To Analyze The Effectiveness Of Proprioceptive Neuromuscular Facilitation With Mrp On Improving Functional Mobility In Subjects With Sub-Acute Stroke	2020	Neurology
39	A Study To Compare Proprioceptive Neuromuscular Facilitation Techniques With Muscle Energy Techniques In Reducing Pain And Disability In Patients With Sciatica	2020	Neurology

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
40	Comparative Efficacy Of Additional Backward Walking Training Versus Mirror Therapy For Improving Ambulatory Mobility After Stroke	2020	Neurology
41	Comparative Study Of Efficacy Of Proprioceptive Neuromusclar Faciliation And Electrical Stimulation To Kabat Rehabilitation And Electrical Stimulation In Patients With Bell'S Palsy	2020	Neurology
42	Comparative Study To Assess The Efectiveness Of Constraint Induced Movement Therapy And Conventional Physiotherapy In Improving Hand And Wrist Function In The Hemiparetic Stroke Patients	2020	Neurology
43	Comparison Of Effectiveness Of Two Walking Exercise Programmes Such As Exercises On Treadmill Or Walking Outdoor For Late Post Stroke Patients	2020	Neurology
44	Comparitive Study Of Lymphatic Drainage And Spatial Awareness Between Early And Late Interventions In Autistic Children	2020	Neurology
45	Comparitive Study On The Conventional Therapy V/S Task Oriented Motor Relearning Programe & Thermal Stimulation Among The Stroke Subjects	2020	Neurology
46	Effect Of Cryotherapy Over Thermotherapy With Common Use Of Hold Relax In Improving Gait Parameters On Hemiplegic Patients – A Comparitive Study	2020	Neurology
47	Effect Of Gait Training Programme Using Visual Cues In Improving Gait In Parkinson’S Disease Subjects	2020	Neurology
48	Effect Of Low Level Laser Therapy On Hemiplegic Shoulder Pain In Post Stroke	2020	Neurology
49	Effect Of Swiss Ball Versus Spider Cage Therapy On Trunk Control In Diplegic Cerebral Palsy-A Compartive Study	2020	Neurology

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50	Effect Of Torso Axial Weight Bearing On Gait Parameters In Patients With Ataxia	2020	Neurology
51	Effectiveness Of Aquatic Versus Land Physiotherapy In The Treatment Of Peripheral Neuropathy	2020	Neurology
52	Effectiveness Of Feldenkrais Exercises Versus Otago Exercises On Balance And Prevention Of Falls In Older Adults	2020	Neurology
53	Effectiveness Of Intensive Oro Motor Exercises And Respiratory Treatment For Dysarthria After Traumatic Brain Injury	2020	Neurology
54	Effectiveness Of Modified Constraint – Induced Movement Therapy Over Conventional Physiotherapy In Upper Limb Stroke Subjects	2020	Neurology
55	Effectiveness Of Myofascial Release Versus Myofascial Release Combined With Passive Stretching In Diplegic Cerebral Palsy	2020	Neurology
56	Effectiveness Of Task Oriented Training Along With Specialized Games And Task Oriented Exercises Alone To Improve Upper Limb Function In Cerebral Palsy Patients	2020	Neurology
57	Effectiveness Of Trunk Rehabilitation On Trunk Control Proprioception And Balance In Patients With Stroke	2020	Neurology
58	Effects Of Cueing On Gait And Posture In Post Stroke Patients	2020	Neurology
59	Effects Of Laser Therapy And Sustained Stretchings Vs. Sustained Stretchings Alone In Upper Limb Spasticity Post Stroke	2020	Neurology

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
60	Effects Of Pilates Exercises Training To Improve Static And Dynamic Balance In Stroke Patients	2020	Neurology
61	Effects Of Scapular And Trunk Taping As An Adjunct To Bobath Concept On Upper Extremity Function Following Stroke	2020	Neurology
62	Effects Of Strapping Combined With Strengthening Exercises Versus Strapping Alone On Shoulder Pain And Upper -Limb Function In Subjects With Hemiparesis	2020	Neurology
63	Efficacy Of Mini-Blance Evaluation System Test In Evaluating The Weight Bearing Symmetry And Motor Recovery In Chronic Stroke	2020	Neurology
64	Mental Imagery[Mi] Vs Graded Repetitive Arm Supplementary Program [Grasp]On Upper Extremirty Function In Sub-Acute Stroke Patients	2020	Neurology
65	Neuromuscular Control Of The Trunk During Sitting Balance	2020	Neurology
66	Neuromuscular Control Of The Trunk During Sitting Balance	2020	Neurology
67	Strategy In Improving Postural Stability And Gait Speed Among Idiopathic Parkinson Patients	2020	Neurology
68	The Effect Of Casting Combined With Stretching On Passive Ankle Dorsiflexion In Adult With Traumatic Head Injuries	2020	Neurology
69	The Effectiveness Of Weight Bearing Exercises Versus Combination Of Weight Bearing And Nonweight Bearing Exercises In Improving Lower Limb Motor Activity In Stroke Patients	2020	Neurology

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70	The Efficacy Of Epley Manouever In Treating Subjects With Benign Paroxysmal Positional Vertigo (Bppv)”	2020	Neurology
71	To Compare The Closed Kinetic Chain Exercises And Open Kinetic Chain Exercises On Gait Velocity, Cadence And Stride Length In Chronic Stroke Patients	2020	Neurology
72	A Comparative Study Of Myofascial Release Versus Deep Transverse Friction Massage In Treating Subjects With Unilateral Upper Trapezitis	2020	Orthopaedics
73	A Comparative Study Of The Effectiveness Of Elastic Taping Versus Compression Bandage In The Treatment Of Acute Grade I Ankle Sprain	2020	Orthopaedics
74	A Comparative Study On An Effect Of Conventional Treatment With Mulligans Technique To Conventional Treatment With Muscle Energy Techniques In Treating Adhesiven Capsulitis	2020	Orthopaedics
75	A Comparative Study On Eccentric Loading Vs Concentric Loading In Patients With Quadriceps Contusion	2020	Orthopaedics
76	A Comparative Study To Find Out The Effects Of Capsular Stretching Over Muscle Energy Technique In The Management Of Frozen Shoulder	2020	Orthopaedics
77	A Comparative Study Between The Static And Dynamic Pnf Exercises On Functional Performance In Patients With Chronic Back Pain	2020	Orthopaedics
78	A Dissertation On Effect Of Footwear Modification Along With Conventional Physiotherapy In Medial Compartment Knee Osteoarthritis	2020	Orthopaedics
79	A Study On Effectiveness Of Physiotherapy Protocol On Meniscal Injuries Of The Knee Joint	2020	Orthopaedics



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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
80	A Study To Analyze The Efficacy Of Mulligans Two Leg Rotation And Bent Leg Raise Techniques In Hamstrings Flexibility In Subjects With Acute Non-Specific Low Back Pain - Randomized Clinical Trial	2020	Orthopaedics
81	A Study To Anayze The Effectiveness Of A Six Week Proprioceptive Exercise Program In Patients With Total Knee Arthroplasty And Its Effect On Functional Outcome, Pain And Joint Position Sense - Randomized Control Trial	2020	Orthopaedics
82	A Study To Compare The Effect Of Mulligan’S Mobilization Over Maitland’S Mobilization In Subjects With Tibiofemoral Osteoarthritis	2020	Orthopaedics
83	A Study To Compare The Effectiveness Of Pilates Vs Back Exercises In Adolescents With Non Specific Low Back Ache	2020	Orthopaedics
84	A Study To Compare The Effects Of Muncie Method Of Exercises With Vastus Medialis Obiliquis Exercise In Patello Femoral Pain Syndrome	2020	Orthopaedics
85	A Study To Compare Vastus Medialis Obliquis Exercises With Closed Kinetic Chain Exercises In Reducing Pain And Disability In Patients With Patellofemoral Pain Syndrome (Pfps)	2020	Orthopaedics
86	A Studyto Find The Effect Of Manualtherapy And Conventional Physiotherapy In Osteoarthritis Of Knee	2020	Orthopaedics
87	Combined Effects Of Russian Currents & Kinesiotaping On Chondromalacia Patella	2020	Orthopaedics
88	Comparative Study Between The Ultrasound Along With Laser Therapy On Improving Shoulder Function In Patients With Rotator Cuff Injury	2020	Orthopaedics
89	Comparative Study Of The Efficacy Of Therapeutic Exercise And Transcutaneous Electric Nerve Stimulation In The Treatment Of Chronic Low Back Pain	2020	Orthopaedics

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
90	Comparison Of Pilates Exercises And Closed Kinematic Chain Exercises On Pain, Muscle Strength And Functional Performance In Subjects With Knee Osteoarthritis	2020	Orthopaedics
91	Echniques Over Joint Mobilization In Adhesive Capsulitis Of The Shoulder Joint	2020	Orthopaedics
92	Effect Of Laser Therapy Versus Ultrasound Therapy In Adjacent To Stretching Exercises In Treating Subjects With Pes Anserine Bursitis	2020	Orthopaedics
93	Effect Of Manual Pressure Release And Ultrasound Vs Kinesiotaping And Ultrasound In Myofascial Pain Syndrome On The Upper Trapezius Muscle	2020	Orthopaedics
94	Effect Of Quadriceps And Hamstring Muscle Strengthening Versus Neuromuscular Electrical Muscle Stimulation With Quadriceps And Hamstring Muscle Strengthening In Total Knee Replacement	2020	Orthopaedics
95	Effectiveness Of Core Stabilization And Extension Oriented Exercises On Pain And Function In Subjects With Nonspecific Low Back Pain: A Comparative Study	2020	Orthopaedics
96	Effectiveness Of Dynamic Stretching And Closed Kinetic Chain Exercises Against Isometric Exercises For Quadriceps In Women With Early Osteoarthritis	2020	Orthopaedics
97	Effectiveness Of Gong'S Mobilization As An Adjunct To Conventional Physiotherapy On Pain And Function In Patients With Adhesive Capsulitis	2020	Orthopaedics
98	Effectiveness Of Intigrated Neuromuscular Inhibitory Technique (Init) On Pain, Range Of Motion And Functional Abilities In Subjects With Mechanical Neck Pain	2020	Orthopaedics
99	Effectiveness Of Low Level Laser Therapy Along With Strengthening Exercises To Improve Grip Strength In Tennis Elbow	2020	Orthopaedics

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100	Effectiveness Of Manipulative Therapy Verses Lumbar Traction In Patients With Lumbar Spondylosis	2020	Orthopaedics
101	Effectiveness Of Myofascial Release Technique And Integrated Neuromuscular Inhibitory Technique On Pain, Cervical Range Of Motion And Function In Upper Trapezitis: A Comparative Study	2020	Orthopaedics
102	Effectiveness Of Myofascial Release Therapy Versus Isometric Strengthening Exercises On Pain And Fuctional Performance In Subjects With Tennis Elbow- A Comparative Study	2020	Orthopaedics
103	Effectiveness Of Myofascial Trigger Point Release Therapy Combined With Self Stretching Protocol Versus Self-Tretchingprotocolaloneintreating Patientswithunilateralheelpain–An Experimentalstudy	2020	Orthopaedics
104	Effectiveness Of Pilates Exercise Programme To Reduce Pain And Improve Flexibility In Patients With Non-Specific Chronic Low Back Pain	2020	Orthopaedics
105	Effectiveness Of Plantar Fascia Stretching Vs Contrast Bath Combined With Ultra Sound In Patients With Plantar Fasciitis	2020	Orthopaedics
106	Effectiveness Of Positional Release Techinque With Trapezius Streching To Reduce Pain And Improve Cervical Range Of Motion In Subjects With Trapezitis	2020	Orthopaedics
107	Effectiveness Of Scapular Pnf Stretching And Self Stretching In Subjects With Adhesive Capsulitis – A Comparative Study	2020	Orthopaedics
108	Effectiveness Of Strengthening Exercises On Pain And Shoulder Range Of Motion In Subjects With Rotator Cuff Injuries	2020	Orthopaedics
109	Effectiveness Of Sustained Natural Apophyseal Glides (Snags) On Neck Pain And Active Range Of Motion In Subjects Presenting With Neck Pain	2020	Orthopaedics

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110	Effectiveness Of Ultrasound With Exercises Over Psrp Exercises Alone In Treating Subjects With Rotator Cuff Tendinitis	2020	Orthopaedics
111	Effectiveness Of William’S Flexion Exercises And Motor Control Exercises On Pain And Function In Subjects With Non Specific Low Back Pain Among Student Population	2020	Orthopaedics
112	Effectivness Of Core Strengthening Vs Pilates In Releving Mechanical Low Back Pain	2020	Orthopaedics
113	Effects Of Lumber Stabilization Exercises With Lumber Isometric In Ivdp Patients	2020	Orthopaedics
114	Effecttiveness Of Passive Mobilization Versus Muscle Energy Technique In Low Back Pain Patients	2020	Orthopaedics
115	Efficacy Of Moist Pack And Sleeper Stretch And Cross Body Stretch In Posterior Shoulder Tightness	2020	Orthopaedics
116	Efficacy Of Muscle Energy Technique On Hamstring Flexibility In Osteoarthritis Of Knee Joint	2020	Orthopaedics
117	Efficacy Of Retrowalking In Patients Diagnosed With Unilateral Grade Ii Osteoarthritis Of Knee	2020	Orthopaedics
118	Stthree Ngtehff Ects Troafin Ingh Amstrfinogr Loifstee, Odaerpthersistiiios Nk Naene Do Nf Quunactliitoyn Oafl Improvement	2020	Orthopaedics
119	Study To Analyze The Effectiveness Of Kinesio Taping And Rigid Taping In Plantar Fasciitis - A Randomized Clinical Trial	2020	Orthopaedics

## Master of Physiotherapy DISSERTATION TOPICS for the year 2020

Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
120	Testing Efficacy Of Tens With Quadriceps Exercise Versus Manual Traction With Quadriceps Exercise In Patients With Osteoarthritis Knee Pain And Dysfunction –A Comparative Study	2020	Orthopaedics
121	Testing The Efficacy Of Sustained Natural Apophyseal Glides(Snags) For Improving In Lumbar Flexion Range In Asymptomatic Individuals With Decreased Range Of Lumbar Flexion	2020	Orthopaedics
122	The Comparative Study To Find The Effectiveness Of Myofascial Release Versus Stretching In Chronic Plantar Fasciitis	2020	Orthopaedics
123	The Effect Of Kinesiology Tape On Patients With Patellofemoral Pain	2020	Orthopaedics
124	To Compare The Effectiveness Of Mulligan’S Mobilisation Versus Maitland’S Mobilisation Along With Proprioceptive Exercises In Patients With Knee Osteoarthritis	2020	Orthopaedics
125	A Comparative Study Of Treadmill Walking With Weights And Without Weights In Body Composition Of Over Weight Untrained Men	2020	Sports Medicine
126	A Comparative Study On Proprioceptive Training With And Without Theraband Exercises In Athletes With Ankle Instability	2020	Sports Medicine
127	A Comparative Study To Know The Difference Between Post Isometric Relaxation And Ultrasound In The Athletes With Achilles Tendinopathy	2020	Sports Medicine
128	A Study Of Effectiveness Of Tens On Pain Threshold Levels During Theraband Exercises In Throwers With Rotator Cuff Injury	2020	Sports Medicine
129	A Study On Effectiveness Of Physiotherapy Protocol On Meniscal Injuries Of The Knee Joint	2020	Sports Medicine

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Sl. No.	Topic on which the candidate submitted the Dissertation	Year	Subject
130	A Study To Compare The Effectiveness Of Mulligan Mobilization With Ultrasound And Mulligan Taping Technique With Ultrasound In Sacroiliac Joint Dysfunction – A Randomized Clinical Trial	2020	Sports Medicine
131	A Study To Know The Effectiveness Of Scapular Stabilization Exercises With And Without Lumbar Stabilization Exercises In Throwers With Rotator Cuff Injury	2020	Sports Medicine
132	Comparative Study On High Intensity Training With Bi-Directional Bicycle Pedal And Ultrasound In Ankle Sprain Among Sport Athlete Of Age Group Between 15-25 Yrs	2020	Sports Medicine
133	Dynamic Postural Stability, Is Associated With Level, In Youth League Soccer Players	2020	Sports Medicine
134	Effect Of Long Wave Diathermy And Low Level Laser Therapy On Lateral Epicondylitis In Badminton Players	2020	Sports Medicine
135	Effect Of Weight Cuff Resistance Training Versus Theraband Resistance Training On The Strength Of Hip Adductors In Male Cricket Players	2020	Sports Medicine
136	Effectiveness Of Cryotherapy And Mulligan’S Mobilization With Kinesiotaping In Recreational Tennis Players With Lateral Epicondylitis	2020	Sports Medicine
137	Effectiveness Of Hamstring Strengthening With And Without Core Stabilization Training In Runners With Acute Hamstring Strain- A Randomized Control Trial	2020	Sports Medicine
138	Effectiveness Of Resistance Training Using Theraband And Sandbag On The Strength Of Internal And External Rotators Of Shoulder In Male Cricket Players	2020	Sports Medicine
139	Effectiveness Of Scapular Stabilizers In Shoulder Impinged Pain In Fast Bowlers	2020	Sports Medicine

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140	Effects Of Hamstring Stretching Exercises In Non –Specific Low Back Pain Management In Cricketers	2020	Sports Medicine
141	Proprioceptive Training Versus Kinesiotaping In Athletes With Acl-Reconstruction An Experimental Study	2020	Sports Medicine
142	The Effect Of Myofascial Release Technique And Stretching Versus Taping In Patients With Chronic Plantar Fasciitis	2020	Sports Medicine